### in the Atrium

FEBRUARY 22, 2021 Ben Clements, Bass Julia Brown, Piano

## Wehmut Sadness

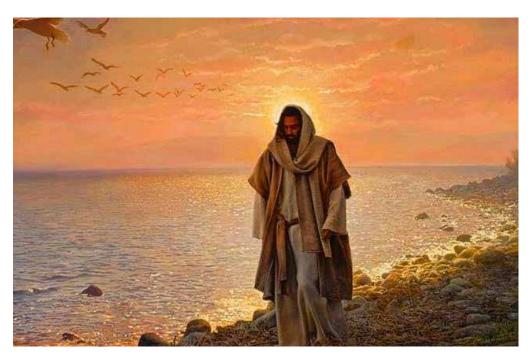
Joseph Freiherr von Eichendorff (1788-1857) Robert Schumann (1810-1856)

True, I can sometimes sing as though I were content; But secretly tears well up, and my heart is set free. Nightingales, when spring breezes play outside, Sing their song of longing from their dungeon cell. Then all hearts listen and everyone rejoices, Yet no one feels the pain, the deep sorrow in the song.

"Wehmut" takes us briefly into the poet's soul as he confesses the painful source of his art – his pretty songs are born of deep sorrow. We must learn that feeling sad is no crime although the world might wish you to think so. It is our feelings that make us human and connect us to the rest of humanity. When we feel sad, it is important to give ourselves permission to feel the sadness. Sharing our feelings with someone who has the sensitivity to give us the space to let the feeling fully be felt. Only then can we begin to let go.

# Isaiah 53:3

He was despised, and rejected of men; a man of sorrows, and acquainted with grief: and as one from whom men hide their face he was despised, and we esteemed him not.



# Revelation 21:4

And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away.



## Sunrise

James Dillet Freeman (1912-2003)

Sunrise is never sudden but comes slowly.

Out of His heaven-bowl God pours His holy water of clear and crystal light to run through the rose window of His perfect sun and fall into our mind. In the beginning we sense not light so much as darkness thinning; dawn touches first the tips and tops of things--the mind to catch the morning must have wings, and when the day is cloudy, day may start not so much in the sky as in our heart.

Yet after a while, all imperceptibly, we rise and look around us---and we see!



ART SONG IN THE ATRIUM is a virtual Lenten series, designed to offer music and poetry, images and scripture readings as aids to personal devotions and a time of meditation.

The series features singers from Mayflower's Chancel Choir and, beginning February 22, will also feature the beautiful Bösendorfer piano acquired in the fall of 2020, housed in the warm, vibrant acoustics of our Atrium.

We are grateful to the many generous donors who contributed to the purchase of our new piano, which allows for projects such as this one to come to life.

#### MayflowerChurch.org

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